



Lydgate Junior School

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Article 6

You have the right to be alive.

Article 20

You have the right to special care and help if you need it.

Article 27

You have the right to food, clothing, a safe place to live and to have your basic needs met.

Re: Food banks

Dear Parent/Carer,

Several years ago, we set up a Foodbank at Lydgate Junior School which has been very well supported by the children and their families. We very much see this as part of our work as a Rights Respecting School. According to the UN Convention on the Rights of a Child, articles 6, 20 and 27, which are listed at the top, everyone has the right to food, clothes and a safe environment. Consequently, we decided to help a food bank in order to provide food for people in our local community.

Where the food goes

In Sheffield there are 18 food banks where people go once a week for three days' worth of food. These people have been offered this help by their Doctor, Social worker, the Citizens Advice Bureau or by a Housing Association. They are given a card saying where their most local food bank is and telling them what to do.

How it all works

When they arrive, if they choose to go, they are taken somewhere where they can have a chat to others there and they can order what they want. Depending on how many there are in that family, they are given a certain amount of food for the next three days.

How you can help.

Our first collection this year will be during the **week beginning 17th December** and we would like every child in school to contribute something from the list if possible. Please see the list on the other side for items we need. We won't be upset if, instead of sending staff an individual Christmas present, you contribute to our Food Bank efforts. In addition to the items listed overleaf which are the most essential ones, we would like to suggest donations of chocolates and selection boxes. These items have been requested by the Food Bank so that the people that visit it over the Christmas holiday can have some treats in their 'shopping bag'.

Where to take your items

All the items for the foodbank are stored in our reception area. You can either take the items straight there or you can take them to your classroom.



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When will the food be collected?

Staff from the foodbank are collecting it during the afternoon of Friday December 21st.

What we need.

Food banks only need items that last a long period of time so here is a list of what they want:

- Milk (UHT or powdered)
- Sugar
- Fruit juice (carton)
- Soup
- Pasta sauces
- Sponge pudding (tinned)
- Tomatoes (tinned)
- Cereals
- Rice pudding (tinned)
- Tea bags
- Instant coffee
- Instant mash potato
- Vegetables (tinned)
- Rice
- Pasta/noodles
- Meat/fish (tinned)
- Fruit (tinned)
- Jam
- Biscuits
- Snack bars
- Chocolate
- Toiletries

Yours sincerely

Mrs Parker
Rights Respecting Schools Coordinator

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