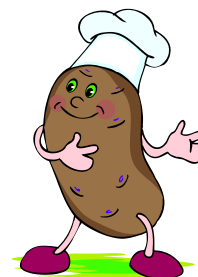


October 2018



Dear parent/ carer,

In our science and design technology lessons, we have been learning more about healthy, balanced diets. We have looked at food preferences in our classes and have designed our own recipes for stuffed jacket potatoes.

Next week, we will be making our recipes and tasting our creations! We are asking the children to bring the ingredients they need for their own fillings - they only need to bring a small amount (enough to fill half of a jacket potato). We will only be cooking the potatoes on the day, so please don't send any ingredients that require cooking (for example, no raw meat). However, the children will be preparing the food themselves (cutting, grating) so, where possible, please send it in one piece (e.g. a block of cheese or chunk of cucumber). School will provide the potatoes and any butter or sauces required.

The classes will be preparing food on the following days:

- Tue 9<sup>th</sup> October (am) Y3W/W
- Wed 10<sup>th</sup> October (am) Y3D/deB
- Thur 11<sup>th</sup> October (am) Y3EC
- Fri 12<sup>th</sup> October (am) Y3AR

Your child has designed a recipe for \_\_\_\_\_

They will need to bring in the following ingredients:

_____	_____
_____	_____
_____	_____

Your child will taste their own recipe. Please return the attached slip as soon as possible. We do need to check the ingredients of the foods provided by the school so please indicate any food allergies. Your child will still need their dinner as usual on their cooking day.

Thank you for your support,

The Y3 team and \_\_\_\_\_

Please return to school as soon as possible:

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Dear Y3 teacher,

- I understand that my child will be preparing and tasting stuffed jacket potatoes.
- I will send the ingredients they need into school on their cooking day.
- My child is allergic to the following foods: \_\_\_\_\_

Signed \_\_\_\_\_

Child's Name \_\_\_\_\_ Class \_\_\_\_\_

