

# Multi-Agency Support Teams (MAST)

## MAST & School Advice Sessions during Covid-19

Do you need support with;

- Talking about difficult issues at home
- Managing challenging behaviour
- Improving routines, boundaries and sleep
- Supporting your child's emotional or mental health
- Making home a more positive place to be for the whole family

### What We Offer

Advice  
Signposting  
Solutions

### How Do We Do It?

A MAST worker and member of the school staff team can talk with you via zoom or by telephone to discuss any issues you may have.

The MAST worker and school will work together with you to help to address your family's needs and create happier children and families.

### How to make an appointment:

Please contact

Mrs Farrell or Mrs Noble

via the Lydgate Junior School office  
on 0114 2669500



Brooke Parkinson



Becky Gorman