

LYDGATE JUNIORS



WEEK ONE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 31/08/20 : 21/09/0 : 12/10/20	Main Course	Traditional Pork Sausage & Mash with Gravy	Winter Chicken Casserole	Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Minced Beef & Onion Pie with Mashed Potato & Gravy	Battered Fish Fillet and Chips with Tomato Ketchup
	Vegetarian Main Course	Vegetable Sausage & Mash with Gravy	Cheese & Tomato Pizza with Half Jacket Potato	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Macaroni Cheese	
	Jacket Potato & Filling	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Salmon Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Salmon Mayo
	Vegetables	Cauliflower & Mixed Vegetables	Broccoli & Winter Coleslaw	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
	Dessert	Ginger Sponge with Custard	Fruity Flapjack & Apple Slices	Chocolate Sponge & Chocolate Sauce	Vanilla Sponge with Custard	Shortbread Biscuit & Fruit Wedges
	WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 07/09/20 : 28/09/20 : 19/10/20	Main Course	Beef Meatballs in Tomato Sauce with Pasta	Chicken Curry with Wholegrain Rice	Roast Gammon with Stuffing, Mashed Potato & Gravy	Beef Pasta Bolognese & Garlic Bread	Fish Fingers and Chips & Tomato Ketchup
	Vegetarian Main Course	Quorn Meatballs in Tomato Sauce	Tomato and Basil Pasta	Quorn Roast with Stuffing, Mashed Potato & Gravy	Cheddar Flan with Homemade Potato Wedges	
	Jacket Potato & Filling	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo
	Vegetables	Garden Peas & Fresh Salad	Carrots & Sweetcorn	Savoy Cabbage & Mixed Vegetables	Cauliflower & Sliced Green Beans	Garden Peas & Baked Beans
	Dessert	Hot Chocolate Fudge Cake with Custard	Shortbread & Fruit	Lemon Drizzle Cake & Custard	Jam Sponge & Custard	Ginger & Mandarin Muffin
W	EKTHREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 14/09/20 : 05/10/20	Main Course	Beef Burger in a Bun with Homemade Wedges	Beef Cottage Pie	Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Chicken Pie & Mash	Fish Fingers and Chips with Tomato Ketchup
	Vegetarian Main Course	Veggie Burger in a Bun with Homemade Wedges	Cheese & Tomato Pizza with Half Jacket Potato	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Tomato, Vegetable Sausage & Macaroni Bake	
	Jacket Potato & Filling	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Tuna Mayo	Jacket Potato with Cheese, Beans & Salmon Mayo
	Vegetables	Sweetcorn & Garden Peas	Broccoli & Fresh Salad	Cauliflower & Carrots	Mixed Vegetables & Savoy Cabbage	Garden Peas & Baked Beans
	Dessert	Apple Crumble with Custard	Lemon Slice with Custard	Chocolate Crunch with Custard	Marble Sponge with Custard	Crunchy Biscuit with Apple Slices