

## CROSS COUNTRY AT LYDGATE JUNIORS

October 2022



Dear runners,

This week the race is at Concord Park. For more information/updates on races, the preferred communication from SFSS (Sheffield Federation for School Sport) is now on Twitter @sfs\_sports

Staff will be able to attend only some of these events, but we are looking for willing parents who would be able to facilitate one or more of these races for the school. The job involves: collecting the flag and kit from school, picking a spot to erect the flag, welcoming and registering runners, giving out running vests, ensuring runners get to the start line on time, cheering loudly, recording the places of the runners, collecting vests back in and then dropping the vests and flag back at school the following week - school will do the washing! Do let us know if you are interested in helping run one or more of these races.

Here are the dates for this year as they stand now: Please note, they may change.

3	8 <sup>th</sup> October	Concord Park
4	12 <sup>th</sup> November	Bradfield School
5	26 <sup>th</sup> November	Norfolk Park
6	21 <sup>st</sup> January	Brunswick Community School
7	4 <sup>th</sup> February	Longley Park - Lydgate to help host
Championships and Presentations	25 <sup>th</sup> February	Graves Park (Marshalls needed)
Year 3 and 4 Relays and League Presentations	25 <sup>th</sup> March	Castle Dyke

**RACE 3: DATE:** Saturday 8<sup>th</sup> October

**VENUE:** Concord Park **S5 6AE**

**TIME:** Y4 GIRLS 10:00 am

Y4 BOYS 10:15 am

Y5/6 GIRLS 10.30 am

Y5/6 BOYS 10.45am

Year 3 children ARE allowed to take part in the Y4 races

*Please remember that you do not need to commit to every race.*

*New runners are always welcome. Come and give it a try and see if you like it!!*

**Please be aware that times are approximate but generally the first race is at 10:00 am.**

We would encourage all the children to walk the course before the race. Organisers have requested that this should be done before 9.30 so if you wish to do so, please be sure to arrive in good time. Lydgate running vests will be given out before the start of each race. Please ensure that these are returned to the bags at the end and that you give your race numbers in.

If you have any questions, please do not hesitate to pop into school to see us or email us through [enquiries@lydgate-jun.sheffield.sch.uk](mailto:enquiries@lydgate-jun.sheffield.sch.uk)

We look forward to seeing you there!

Mrs Wymer