

CROSS COUNTRY AT LYDGATE JUNIORS

September 2023



Dear Runners,

Welcome back to what promises to be an exciting running year at Lydgate Juniors! We are so keen to get back to Cross Country and here are the dates for this year. For more information/updates on races, the preferred communication from SFSS (Sheffield Federation for School Sport) is now on Twitter @sfs_sports.

Staff will do their best to attend and help support at these events but please be aware that we may not be able to attend all of them so we are looking for willing parents who would be able to help us with this. Do let us know if you would be able to help out.

Here are the provisional dates for this year as they stand now: Please note, they may change.

1	16 th September	Bolehills Park
2	30 th September	Parkwood Springs
3	14 th October	TBC
4	11 th November	Bradfield School
5	25 th November	Norfolk Park
6	20 th January	Brunswick School
7	3 rd February	Longley Park
Championships and Presentations	24 th February	Graves Park (Marshalls needed)
Year 3 and 4 Relays and League Presentations	23 rd March	Castle Dyke

RACE 1:

DATE: Saturday 16th September

VENUE: Bolehills Park S10 1QH

TIME: Y4 GIRLS 10:00 am

Y4 BOYS 10:15 am

Y5/6 GIRLS 10.30 am

Y5/6 BOYS 10.45am

Year 3 children ARE allowed to take part in the Y4 races

Please remember that you do not need to commit to every race.

New runners are always welcome. Come and give it a try and see if you like it!!

Please be aware that times are approximate but generally the first race is at 10:00 am.

We would encourage all the children to walk the course before the race and for this first race, This needs to be done by 9.30am Mrs Wymer will be there to direct you should you wish to do so. Lydgate running vests will be given out before the start of each race. Please make sure that these are returned to the bags at the end. Please make sure you let me know your child's race position before you leave so it can be entered onto the spread sheet.

If you have any questions, please do not hesitate to pop into school to see us or email us through enquiries@lydgate-jun.sheffield.sch.uk

We look forward to seeing you there!

Mrs Wymer