



Lydgate Junior School

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25 March 2021

To Parents/Carers of 4CW

Dear Parents/Carers,

Swimming Lessons

Pupils in **4CW** will be attending **Ponds Forge Swimming Pool** for their allocation of swimming lessons next term. Lessons will initially be for **6 weeks** and will start on **Thursday 22 April**. Pupils will leave school at **10.45 a.m.** and will return at approximately **12.30 p.m.** As we will have missed our allocated school lunchtime, could we please ask that the children bring a packed lunch for these 6 weeks. If your child is entitled to a free school meal and would like to be provided with a packed lunch from school on these swimming days, please inform the school office.

The lessons will take place during normal school hours and transport will be provided.

Children should come to school 'beach ready'. This means that they should wear their swimming costumes underneath their clothes and bring a towel and underwear in a separate bag. We would recommend that the children wear PE kits rather than school uniform as we are counting this as a PE activity. This should also make changing a bit easier for them. Also, we won't be able to use the showers at the pool so we ask that the children shower at home on their swimming day.

Pool guidelines for swimming are as follows:

Swim shorts to be no longer than knee length

No bikinis/tankinis

New piercing will prevent your child attending swimming lessons for six weeks

No jewellery

Hair tied back

Goggles are not necessary (or recommended) but if your child would like to use them, please be aware that they should be able to put them on and adjust them by themselves.

Yours sincerely,

Mrs Wymer and Mrs Drury



We are a Rights Respecting School that delivers an engaging and exciting education for all.